

from the kitchen

By Joan Pinkham

This week's column is a hodgepodge, for though a young man's fancy turns to love in the spring, mine rivets on the mundane.

All of a sudden, there's an urge to throw out things, tidy closets, get things squared away before it's too nice to be indoors. Getting rid of clutter pays off, for I'm finding recipes I haven't even used. Not that more aren't always welcome — we're waiting for your favorite still.

Here is Carol VanOsdol's recipe for those who are looking forward to the day when we unveil ourselves for that first appearance on the beach or poolside. Whenever Carol and fond husband decide it's time to diet again, this is the type of dish that is both tasty and slimming. It serves 6.

**2 pkgs. frozen chopped broccoli
1 egg**

**6 oz. cottage cheese
Garlic powder, salt & pepper to taste
1 oz. grated cheese to sprinkle on top**
Spray casserole dish with PAM (non-fattening) and bake 35 to 40 min.

Although we'll probably be greeted by biting East winds rather than balmy breezes as we head out today, the calendar happily proclaims it's spring.

So, see if you can stop doing cartwheels around the kitchen long enough to prepare these Sour Cream Pancakes, a recipe Hope Warren recommends.

**1 egg, beat the white slightly, add yolk
1 c. sour cream
1 c. buttermilk
Sift together twice the following:
1 c. sifted flour
1 tsp soda**

**2 tsp. baking powder
1/4 tsp. salt
1 tsp. sugar**

Add dry ingredients to liquids. Stir lightly. Batter should be lumpy. Cook on griddle until bubbles appear and turn to cook other side.

Everybody who collects recipes has a batch cluttering up the kitchen drawer. I'm certainly no exception. While spring cleaning, I unearthed some old clippings and a notebook passed on to me by Edna Phillips. One yellowed Marjorie Mill's column had suggestions for hanging out clothes and readers were advised to heat their clothespins in the oven before venturing out into the cold. Another reader from Gardiner, Me. suggested putting the hot clothespins in a cloth bag and hanging it around one's neck as a warm chest protector. A third tip for those days before the advent of the dryer recommended wiping the clothes line with a solution of salt and water to prevent the clothes from freezing. On warm, windy days we can all save on electricity by hanging our wash on the line. Our reward is the fresh, clean smell of the laundry and a few minutes to browse around the garden to see what's coming up. Back in the kitchen again, we might try preparing David Shain's Cauliflower Au Gratin. It served 4 to 6.

1 large cauliflower, divided into flowerets, boiled,

drained.
**1/2 tsp. salt
1/8 tsp. white pepper
1 1/2 c. white sauce
1/2 c. coarsely grated sharp cheddar cheese**

Preheat broiler. Arrange cauliflower on an ungreased shallow casserole. Season with salt and pepper and cover evenly with sauce. Sprinkle with cheese and drizzle with 1 T melted butter. Broil 5 inches from heat until cheese melts.

Musings...

By John Cutler

□ "Whenever the Republicans talk of cutting taxes first and discussing the national security second," said the late Adlai Stevenson, "They remind me of a tired rich man who said to his chauffeur: 'Drive off that cliff, James. I want to commit suicide.' "

□ How's your IQ, mates? Psychologists thus rate some of the brighties: Thomas Chatterton, the English poet who committed suicide, had an IQ of 170. William Pitt Jr.'s was 160, Dr. Samuel Johnson's 155, Lord Byron's 150, Ben Franklin's and Daniel Webster's 145, Thomas Carlyle's 140, Alexander Hamilton's 135, George Washington's 125, General Grant's 110.

□ If Gov. King (Old Jut-Jaw) thought it would help

him get re-elected, he'd change the drinking age. He'd lower it to age 14.

□ If a minister is defrocked, is a manicurist defiled? And is a florist deflowered?

□ "Cambodians Move Arms," the Fort Wayne (Ind.) New Sentinel said. "We hope they can also move their legs."

□ A good physician is one who is concerned with the health of his patients between visits.

□ Advice from a forgotten football coach: When you're about to be run out of town, get out in front and make it look as if you're leading a parade.

□ A college dean said students today seem to be looking for jobs with less future and more present.

□ According to Kim Hubbard, "A loafer always has the correct time."



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